



*The Day Spa*

## **Beauty Nails**

### **Nails Enhancements**

Edge Acrylic Nails	<b>1hr</b>	<b>£27.00</b>
Infills	<b>1hr</b>	<b>£17.00</b>
Natural Overlays	<b>45mins</b>	<b>£22.00</b>

Star Nail Gel Nails	<b>1hr</b>	<b>£32.00</b>
Infills	<b>1hr</b>	<b>£22.00</b>
Natural Overlays	<b>45mins</b>	<b>£25.00</b>

### **Manicure & Pedicure**

Manicure	<b>45mins</b>	<b>£18.95</b>
Deluxe Maincure	<b>1hr</b>	<b>£24.50</b>
Buff & Polish	<b>30mins</b>	<b>£10.95</b>

Pedicure	<b>45mins</b>	<b>£18.95</b>
Deluxe Pedicure	<b>1hr</b>	<b>£24.50</b>
Buff & Polish	<b>30mins</b>	<b>£10.95</b>
Hollywood Toes	<b>1 Hr</b>	<b>£20.00</b>

French Polish With Gel Lasts Upto 4-6 Weeks

### **Additional Hand & Foot Treatments**

Environ Exfoliating & Hydrating Hand Treatment	<b>20mins</b>	<b>£14.00</b>
Environ Exfoliating & Hydrating Foot Treatment	<b>20mins</b>	<b>£14.00</b>

## **Waxing**

Eye Brow	<b>£6.00</b>
Lip	<b>£5.00</b>
Chin	<b>£5.00</b>
Lip & Chin	<b>£9.00</b>
Bikini	<b>£7.00</b>
Brazilian	<b>£10.00</b>
Underarm	<b>£6.00</b>
Forearm	<b>£10.00</b>
Full Arm	<b>£14.00</b>
Half Leg	<b>£12.95</b>
Full Leg	<b>£20.00</b>
Full Leg & Bikini	<b>£24.00</b>
Stomach	<b>£6.00</b>

## **Beautiful Eyes**

Eyebrow Shape	<b>£6.00</b>
Eyelash Tint	<b>£8.50</b>
Eyebrow Tint	<b>£4.50</b>
Eyebrow Shape & Tint	<b>£9.00</b>
Eyebrow Shape & Eyelash Tint	<b>£12.50</b>
Eyebrow Shape, Eyelash Tint & Brow Tint	<b>£16.50</b>
Eyelash Ext (Lasts 2-4 Days)	<b>£12.00</b>

## **Tanning**

Crystal Clear	<b>30mins</b>	<b>£20.00</b>
St Tropez Air Brushing	<b>30mins</b>	<b>£30.00</b>
St Tropez Full Body Treatment Including		
Full Body Exfoliation	<b>1hr 30mins</b>	<b>£50.00</b>

**St Tropez Is The Best Tanning Product On The Market To Date And Favoured By Celebs All Over The World, St Tropez Works With Body's Natural Melanine Giving You A Sun Kissed Natural All Over Body Tan, This Beautiful Tan Lasts 5-7 Days.**

## **Body Treatment Massage**

Back Neck & Shoulder	<b>20mins</b>	<b>£20.00</b>
Back Neck & Shoulder	<b>30mins</b>	<b>£24.00</b>
Aromatic Back Neck & Shoulder	<b>30mins</b>	<b>£30.00</b>
Full body massage	<b>1hr</b>	<b>£36.00</b>
aromatic full body massage	<b>1hr</b>	<b>£42.00</b>
Indian Head Massage	<b>20mins</b>	<b>£25.00</b>
Body Exfoliation With Moisturiser	<b>30mins</b>	<b>£26.50</b>
Full body exfoliation with Full body massage	<b>1hr</b> <b>30mins</b>	<b>£50.00</b>

## **Electrical Treatments**

### **Platinum Detox**

The Platinum Detox Is A Totally Safe Low Voltage Electric Powered Machine, It Uses Similar Principles To The Electrolysis Machines Used In The Depuration Of Residual Waters, It Makes Use Of The Existing Membrane Of The Sebaceous Glands, The Ecclime Swear Glands Of The Feet.

1 session	<b>£30.00</b>
6 sessions	<b>£160.00</b>

## **Electrolysis**

A more effective way to get rid of embarrassing, unwanted hair this is an effective, progressive permanent method of removing superfluous hair growth. By causing controlled tissue destruction at the base of the follicle, electrolysis weakens the hair to inhibit growth.

### **Consultations are free**

<b>30mins</b>	<b>£15.00</b>
<b>1hr</b>	<b>£28.00</b>

## **Facials**

<b>Mini Facials</b>	<b>20mins</b>	<b>£18.00</b>
<b>Express Facial</b>	<b>30mins</b>	<b>£22.00</b>
<b>Day Spa Facial</b>	<b>1hr</b>	<b>£30.00</b>
<b>Crystal Clear</b>	<b>30mins</b>	<b>£30.00</b>
<b>The Starter</b>	<b>30mins</b>	<b>£30.00</b>

An excellent choice as a first time facial or for clients who need a quick skin fix prior to a party. The skin is gently cleansed and exfoliated to create a smooth base prior to tanning or make-up application.

## **Cellular Repair**

<b>Treatment</b>	<b>1 hour</b>	<b>45.00</b>
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This repairing facial is designed for skin that needs that little bit more. This intensive facial combats the signs of ageing and replenishes dry and especially menopausal skin, bringing back clarity, firmness and hydration.

## **CRYSTAL CLEAR WIDE EYES**

**30mins**

**£35.00**

A fantastic eye treatment with visible results, an ideal treatment to lift smooth and hydrate The fine, delicate skin around the eyes creating a look that is noticeably younger and fresher.

## **SPECIALIST FACIAL WITH ENVIRON PRODUCTS**

Using only the freshest and most active forms of vitamin a,c, lactic acid colostrums, this treatment results in the greatest penetration of active molecules through the skin to stimulate collagen production, hydrate, reduce pigmentation and scarring and normalise skin cells

The treatment can be tailored to each individuals specific skin type and condition. This is determined by the unique products chosen for each treatment. It is suitable for all skin types including:

Photo-damaged skin (wrinkles)

Dry skins

Young skins

Pigmentation

Scarring

A course of 12 to 24 treatments are recommended once or twice a week.

**1 hour**

**£45.00**

**Book 12 Get 1 Free**

**Book 24 Get 2 Free**

## **MEDICAL WRINKLE TREATMENTS**

Sometimes You Just Have Go That Extra Yard To Eradicate Those Stubborn Lines And Wrinkles, Our Aesthetic Practitioner Has Over 23 Years Experience And Will Give A Free Consultation And Assessment Of Your Skins Requirements. You Will Be Guided Through The Treatment Options Available Such As Botox (Trade Name) Dermal Fillers And Chemical Peels. When Used In Conjunction With Our New Environ Treatment You Could Look Years Younger With Smoother More Radiant Skin.

### **Prices (Including Special Offer Discount)**

#### **Botox**

1 Area	<b>£150</b>
2 Areas	<b>£230</b>
3 Areas	<b>£310</b>

#### **Dermal Fillers**

First Syringe	<b>£205</b>
If Any Further Syringes Are Required	<b>£150</b>

Chemical Peels	<b>(Each) £50</b>
Or A Course Of 6	<b>£200</b>

**FREE CHEMICAL PEEL WITH ALL WRINKLE SMOOTHING INJECTABLES!!**

**FREE CONSULTATIONS AND ASSESSMENT OF YOUR SKIN!!**

## **MAKE UP**

### **Make Up Lesson Using**

Jane Iredale Or Bare Escentuals	<b>£20.00</b>
Professionally Applied Make Up	<b>£20.00</b>
Bridal Make Up & Trail	<b>£80.00</b>

## **ESPECIALLY FOR MEN**

Back Wax	<b>£15.00</b>
Chest	<b>£15.00</b>
Arm Wax	<b>£15.00</b>

Back Neck & Shoulder Massage	<b>30mins</b>	<b>£30.00</b>
Full Body Massage	<b>1hr</b>	<b>£50.00</b>
Environ Vitamin Facial	<b>1hr</b>	<b>£45.00</b>

## **PACKAGES**

<b>Relax &amp; Unwind</b>	<b>2hrs 30mins</b>	
European Back, Neck & Shoulder Massage, Pedicure With Paraffin, Manicure With Paraffin.		<b>£62.00</b>

<b>Winter Package</b>	<b>2hrs 15mins</b>	
Multi-vitamin Hand & Foot Treatment Including Paraffin Wax, Body Exfoliation With Moisturiser & Mini Facial		<b>£58.00</b>

<b>Mother To Be</b>	<b>3hrs 20 Mins</b>	
Manicure With Paraffin, Pedicure With Paraffin, Express Facial, Includes Light Lunch		<b>£64.00</b>

<b>Luxury Package</b>	<b>3hrs</b>	
Express Facial, European Back , Neck & Shoulder Massage, Pedicure & Manicure Includes Light Lunch		<b>£75.00</b>

## **Soothing Experience      3hrs 30mins**

Aromatic Full Massage, Environ Vitamin Facial,  
Environ Hand & Foot Treatment, With Polish  
Blow Wave.

**£120.00**

Wedding Packages Available For Hair & Make Up  
And That All Important Pamper Session To Make You Feel  
Special, Please Call For Your Free Consultation.

## **Hair Design**

Unisex Hairstyling With Over 20 Years Experience.

Cut & Blow Dry From	<b>£16.00</b>
Blow Dry	<b>£10.25</b>
Trim	<b>£7.50</b>
Mens Trim	<b>£5.00</b>
Child's Trim (Under 10)	<b>£6.00</b>
Curling From	<b>£20.00</b>
Pin Ups From	<b>£15.00</b>
Bridal Hair & Trial From	<b>£60.00</b>

## **Colouring**

Permanant Colour	<b>£36.50</b>
Roots	<b>£28.00</b>
Semi Colour	<b>£27.50</b>
Half Head Foils	<b>£37.00</b>
Full Head Foils	<b>£47.00</b>
Full Head Foils With Colour	<b>£58.00</b>

## **Colour Correction Price On Consultation**

### **Perms**

Body Perm	<b>£27.00</b>
Root Perm	<b>£32.00</b>
Acid Perm	<b>£37.00</b>
Spiral Perm From	<b>£45.00</b>

**All Perms & Colour Prices Include Cut & Blow Wave**

### **Hair Extentions (100% Real Hair)**

Prices Start From	<b>£180.00</b>
Can Be Used For Colour, Thickening Or Lengthening, Different Methods Of Applications Are Available.	

**Gift Vouchers Available**

**Salon Wish And Spa Finder Vouchers Accepted**

## Stockists Of:



The Day Spa, 4 Stockton Terrace  
Grangetown, Sunderland, SR2 9RQ

**Tel:** 0191 510 8020

Website and online product store:  
[www.thedayspasalon.co.uk](http://www.thedayspasalon.co.uk)

Associated Websites:

Lingerie: [www.gspotlingerie.co.uk](http://www.gspotlingerie.co.uk)

Gadgets And Gifts : [www.productsuwant.co.uk](http://www.productsuwant.co.uk)

**Opening Hours:** Mon closed • Tue, Wed, Fri 9.00am - 6.00pm  
• Thur 9.00am - 8.00pm • Sat 9.00am - 4.30pm • Sun Closed